



the tradition continues...  
传统空手道

The aim of Budo is perfection of self by seeking and training in the Martial Arts

Hidetaka Nishiyama

The International Traditional Karate Federation and USA Traditional Karate are pleased to present the

**ITKF**

# North American Summer Camp & ITKF North American Continental Cup

July 7-11, 2015

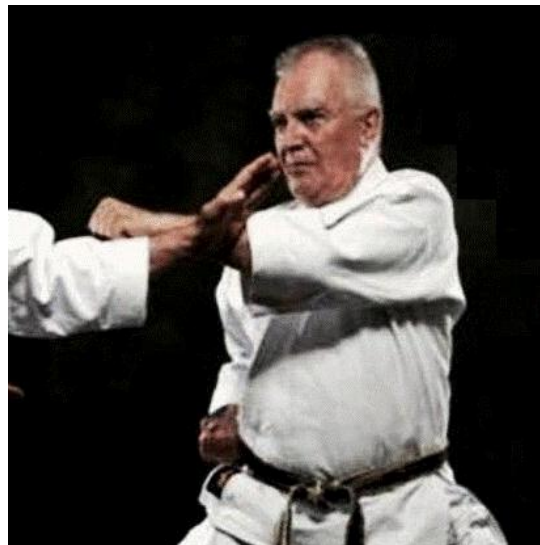
Dallas, Texas, USA

Featuring Instruction from

**Sensei Richard Jorgensen**  
8<sup>th</sup> Dan, Chairman ITKF  
President United World Karate



**Sensei Dr. Vladimir Jorga**  
9<sup>th</sup> Dan – ETKF President,  
ITKF Technical Committee Chair





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| Schedule of events    |             |                                     |                |   |
|-----------------------|-------------|-------------------------------------|----------------|---|
| Day                   | Time        | Location                            | description    | subject   |
| Tuesday<br>July 7th   | 6:30-8:30PM | Campbell Green<br>Recreation center | General Course | Fundamental Karate Principals                     |
| Wednesday<br>July 8th | 8-11AM      | Dancemasters                        | Masters Course | Masters Clinic<br>Judging and Coaching            |
|                       | 1-3PM       | Dancemasters                        | General Course | Kata and Kihon Fundamentals                       |
|                       | 6:30-8:30PM | Campbell Green<br>Recreation center | General Course | Kata Performance                                  |
| Thursday<br>July 9th  | 8-11AM      | Dancemasters                        | Masters Course | Masters Clinic<br>Judging and performing Kata     |
|                       | 1-3PM       | Dancemasters                        | General Course | Fundamentals of Kata                              |
|                       | 6:30-8:30PM | Campbell Green<br>Recreation center | General Course | Kumite and Kogo Fundamentals                      |
| Friday<br>July 10th   | 8-11AM      | Dancemasters                        | Masters Course | Masters Clinic<br>Kumite: judging and performance |
|                       | 1-3PM       | Dancemasters                        | General Course | Fundamentals of Kumite                            |
|                       | 5PM         | Campbell Green<br>Recreation center | Competition    | USATK Black Belt Tournament                       |
| Saturday<br>July 11th | 9:30AM      | Campbell Green<br>Recreation center | Competition    | USATK Kyu Rank Tournament                         |
|                       | 2PM         | Campbell Green<br>Recreation center | Competition    | ITKF<br>North American<br>Cup                     |
|                       | 7PM         | TBD                                 | Party          | Farewell party                                    |

### **COSTS:**

5 days room and board \$300 (at North Dallas Hotel – double occupancy)

General course: \$300 (includes Tournament fees)

Tues/Wed/Th 6:30-8:30

Wed, Th, Fri 1pm-3pm

Masters Course: \$150

Wed, Th, Fri : 8am-11am Judges/ Coaches test available if above 3<sup>rd</sup> dan

### **What do you need to bring:**

**General Course:** 1 or 2 clean white karate Gi with no defects, a lecture notebook, and personal items for overnight travel.

**Masters Course:** in addition to general course needs you will need to bring or purchase (at camp), 1) ITKF Competition rule book, 2) ITKF Coaching manual, 3) a hakama, whistle,

**Competitors/Demo participants:** mouth guard, protective gear cited within the ITKF rules book, ITKF Gloves.





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## Schedule of Events

### Tuesday July 7

6:30pm-8:30pm – CAMP BEGINS! Introduction to Fundamental Principals

### Wednesday July 8

8:00am-11:00am – Masters Course

- Focus on Judging and Coaching

1:00pm-3:00pm – General Course

- Fundamentals of Kihon and Kata

6:30pm-8:30pm – General Course

- Kata & Basics applied to Traditional Karate Tournaments.

### Thursday July 9

8:00am – 11:00am – Masters Course

- Focus on judging Kata

1:00pm – 3:00pm – General Course

- Fundamentals of Kata

6:30pm – 8:30pm – General Course

- Kumite and Kogo applied to Traditional Karate Tournaments.

### Friday July 10

8:00am – 11:00am – Masters Course

- Focus on judging Kumite

1:00pm – 3:00pm – General Course

- Fundamentals of Kumite

- CAMP ENDS

5:00 pm USATK Adult Black belt Nationals

### Saturday July 11

9:00am USATK Adult/Children's Kyu Rank Competition

2:00pm ITKF North American Continental Cup

7:00pm Farewell Party

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